

# HELP Murcia Mar Menor

We help people of all ages with all sorts of problems!



**2011 was a busy year for Help MMM and the following are some of our successes during the year.**



**SAMARITANOS** - At the beginning of November 2011 Joan and Brian donated on behalf of HELP MMM 18 packets of nappies to the Samaritanos in San Pedro, for which they were thanked publicly. At our general meetings a raffle is held to raise money for nappies, which are donated twice a year at the ADAPT meeting.

**JET 2** - HELP MMM are very grateful for the assistance we receive from JET 2 airline. Goods left on airplanes are kept for three months and then donated to charity. For some time now Jet 2 has been donating them to our charity, and as a result we are able to assist others. The last donation from them included spectacles which we passed on through the opticians in Dos Mares to needy people in third world countries and a pushchair and good quality clothes which we gave to the Samaritanos charity in San Pedro del Pinatar who look after local poor people.

**DOLL'S HOUSE PRESENTATION** - "Muy bonito" was the verdict of the nurses in the Children's Cancer ward at the Arrixaca Hospital in when presented with a doll's house and farmyard for the young 23<sup>rd</sup> December 2010 made by our President Elaine Dale and her Brian. Members of HELP contributed to the cost and the farmyard with animals and a tractor and the doll's house was fully furnished.



verdict of Murcia patients on husband was stocked

**THE CAR BOOT AT THE AUTOCINE** – Recently bunk beds were sold at the car boot to a man. As he had no means of getting them to his home, Bernard and Janice followed him in the van. He had 4 children with him, and when they got to the house his wife came out with a 3 week old baby in her arms and 4 other children. Bernard went inside to help him put them up and he already had 2 sets of bunk beds in the children's bedroom! Our volunteers always go the extra mile to help people in need. The Car Boot at the Autocine at Los Alcazares is the mainstay of HELP's fundraising efforts, and raises a considerable amount of money every Sunday enabling us to carry on with our good work loaning out wheelchairs and other disability aids, and offering help in many other ways. The volunteers work their socks off every Sunday in all weathers.

If anyone has unwanted goods they appreciated. We are always looking Visitors, Office Volunteers or office between 10.00 and 13.30, Calle Penelope no 11, Urbanizacion



would like to donate it would be much for volunteers to help our Car Booters, Hospital Fundraisers. If you can help please contact the Monday to Friday on 968 570 059, or call in at Oasis, Los Narejos, Los Alcazares.

Our Vice President Pat Massingham and our Administrator June Barrie have recently attended meetings with Spanish Social Services and made good contacts to get our charity known to other nationalities. As a sign of cooperation with other charities, our Vice President recently went to Arrixaca Hospital to offer assistance to a family at the request of HELP Benidorm.

**HOSPITAL VISITORS** - Hospital visiting is such a necessary service for people alone in hospital in a strange country. Only the other week Thelma reported that the hospital visitors saw 14 patients, the most they have ever seen in a week. The hospital visitors don't blow their own trumpets about all the good work they do.



**DONATION TO AFACMUR** - The photo shows the presentation by Elaine Dale of a cheque for €2500 to the Vice President of AFACMUR, Mr. Mariano Fernandez Garcia. HELP regularly offer financial help to "Good Causes" and this year members of HELP recommended that AFACMUR would be the chosen beneficiary of money raised by the Cancer Support Group. The donation was much appreciated and enabled AFACMUR to continue with their work in supporting the families of children afflicted with cancer by providing psychological support for the children and the families, and support for treatment and activities both in hospital and at their centre.

Below are some of the volunteers who help out at our events. Many thanks to all of our volunteers for their hard work at the car boot, the office, hospital visitors, fund raisers and everyone who helps us keep going.



Our Christmas cake raffle is going great guns and 2 have been drawn already. The picture shows Julie Harvey of Sucina being presented with a cake by June Barrie, our Administrator. Help MMM are running a competition in various locations where you simply pay €1 and pick a number between 1 and 50. If your number is drawn out you win a homemade Christmas Cake. The first lucky winner from a completed card was Jose, the masseur from Shape and Tone in Los Alcazares who

was thrilled with his prize. If you have not won yet you can still have a try at the following locations:- Help Murcia Mar Menor office, Calle Penelope Los Alcazares, The Salon, Urb Oasis, Los Alcazares; The English Shop, Los Belones; Gemini; Bar Vitos, El Mojon; Caravan Club, La Manga; New York Bar, Valle del Sol; Country Bowls Club, Valle del Sol; Lui's Lounge, Camping Encina, San Javier, Infinity Hairdressers, Los Alcazares; Olympia Bar, Mil Palmeras. But Hurry! They are selling fast!

**CAN YOU HELP HELP?** - We urgently need WINTER clothing and BRIC-A-BRAC for our stall at the LOOP (Autocine) Sunday market. Please, have a look in your wardrobes, drawers, garden sheds and under your beds for suitable items, including furniture, TVs, bikes. Why not ask your friends, they might be de-cluttering? If you are unable to bring the items to the Office behind the Deutsche Bank in Los Alcazares or to the Autocine, please contact Bernard, who will make arrangements for collection.

Tel.nos. 968134355 (m) 659751611, or e-mail: [grannychips@hotmail.com](mailto:grannychips@hotmail.com).

**Ideas for the future** - It is hoped to set up a support group early next year for people who may be depressed, have been bereaved, or are just feeling isolated and need someone to talk to over a cup of tea. A number of people have already turned to us for help in this way.

**10<sup>TH</sup> ANNIVERSARY** - Next year is our tenth anniversary and the year kicks off with our dinner dance to be held on 24<sup>th</sup> February at the Roblemar Restaurant. Tickets cost €38 for a 3 course dinner plus wine. The grand draw for the remote control reclining chair worth €950 will take place and tickets are still available from the office. There is also a raffle of items donated by our Honorary Patron Lady Elisabeth Hebdige, several worth over €50, so dust off your dancing shoes and book a table of ten with your friends and family.